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It's never too early or too late to work towards being the healthiest you.

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## Doing Fitness Outdoors

The NEW NORMAL suggests that outdoor activities where there is fresh air is safer than indoors or enclosed / airconditioned areas.

Getting fit while absorbing enough Vitamin D from sunlight is one way to make your body healthier and the best way to prevent sickness.

**Health is a Journey,  
Not a Destination**



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**Asia Parks Amusement  
& Development Corp.**

Unit 206B, Henry's Building  
80 Ortigas Ave., Greenhills 1053  
San Juan, Metro Manila, Philippines  
63-2-8942-2405  
little\_tycoons@asiaparksph.com  
asiaparksph.com



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# Group Fitness Sessions

Group Fitness Sessions are done in Parks whether inside a PRIVATE SUBDIVISION / VILLAGE or in a PUBLIC COMMUNITY PARK developed by your LOCAL GOVERNMENT UNIT. Just don't forget to maintain SOCIAL DISTANCING and Wear Mask and Face Shield.



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CHOOSE FROM OUR VARIETY OF EQUIPMENT DESIGNS....

- A. Executive Fitness Series
- B. Deluxe Fitness Series
- C. Basic Fitness Series





# Executive Adult Fitness Series

Prices are VAT Inclusive and are subject to Change without Prior notice

**EAF16-287A**  
L180 x W80 x H240cm



**EAF16-287B**  
L200 x W60 x H240cm



**EAF16-287C**  
L200 x W130 x H240cm



**EAF16-287D**  
L230 x W100 x H240cm



**EAF16-287E**  
L240 x W150 x H240cm



**EAF16-287F**  
L245 x W145 x H240cm



**EAF16-287G**  
L230 x W60 x H240cm



**EAF16-287H**  
L290 x W60 x H240cm



**EAF16-287I**  
L340 x W95 x H240cm





# Adult Fitness PWD Series

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**PWDF16-288A**  
L2500 x W100 x H155cm



**PWDF16-288C**  
L200 x W130 x H200cm



**PWD16-288B**  
L440 x W100 x H155cm



**PWDF16-288D**  
L420 x W100 x H200cm



**BAF16-288E**  
L370 x W120 x H200cm



Above Equipment does not include Wheel Chairs



DAF18 – 273A  
L252 x W70 x H155cm



DAF16-289C  
L280 x W90 x H200cm



**Deluxe  
Adult Fitness  
Series**



DAF18 – 273B  
L233 x W138 x H155cm

DAF18 – 273D  
L340 x W93 x H200cm



DAF18 – 273E  
L336 x W93 x H200cm



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# Deluxe Adult Fitness Series

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Prior notice

**DAF18-273F**  
L185 x W110 x H240cm



**DAF168 - 273G**  
L264 x W120 x H200cm



**DAF18-273H**  
L276 x W45 x H155cm



**DAF18 - 273I**  
L267 x W68 x H155cm



# Deluxe Adult Fitness Series

DAF18-274A



L280 x W200 x H200cm

DAF18-274C



L270 x W120 x H155cm

DAF18-274B

L300 x W170 x H200cm



DAF18-274E

L336 x W105 x H200cm



DAF16-274D

L275 x W150 x H200cm



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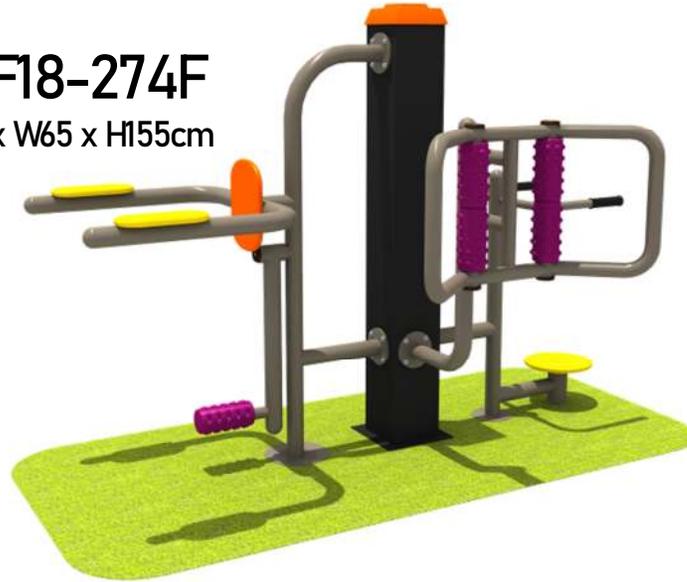


**Deluxe  
Adult Fitness  
Series**

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**DAF18-274F**

L160 x W65 x H155cm



**DAF18-274H**

L280 x W270 x H200cm



**DAF18-274G**

L350 x W230 x H200cm



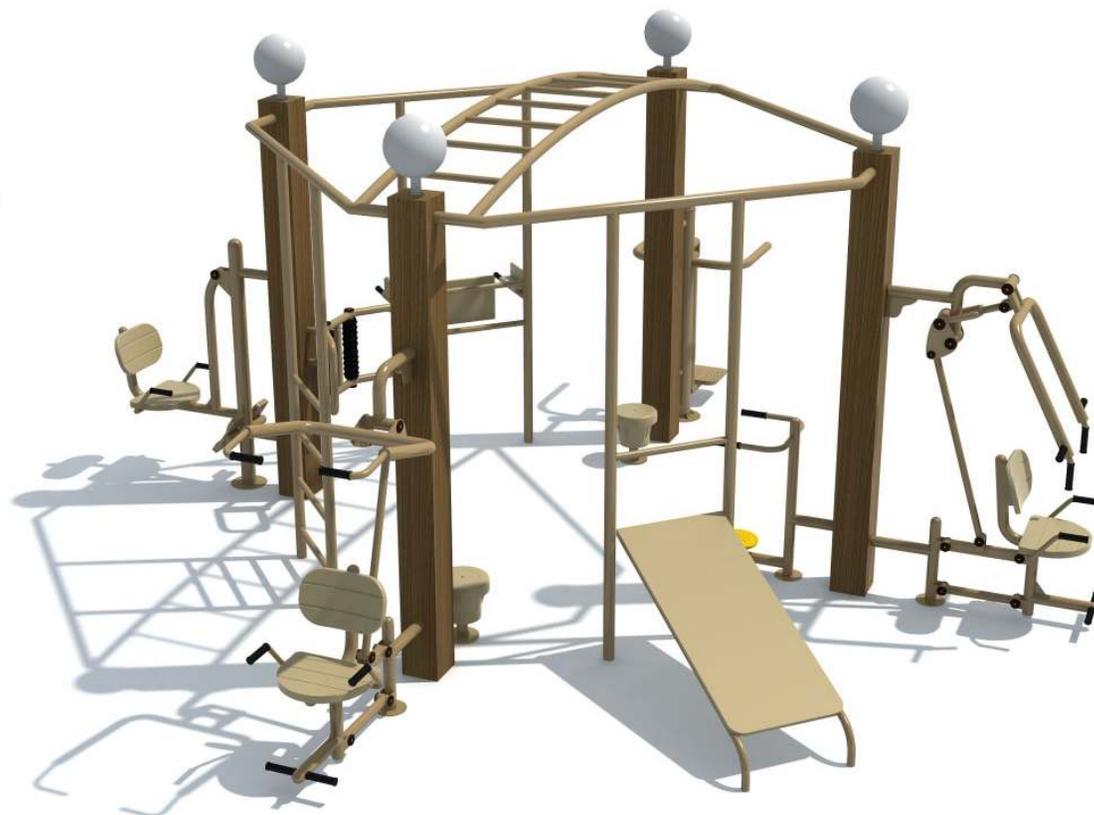
**DAF18-274I**

L300 x W226 x H155cm





**IAF21-SJS103**  
L440 x W500 x H280cm



**Integrated  
Fitness  
Series**

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**IAF21-SJS102**  
L660 x W520 x H310cm





**IAF21-SJS104**  
L1500 x W1450 x H290cm



**Integrated  
Fitness  
Series**



**IAF21-SJS105**  
L850 x W1350 x H350cm

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# Basic Adult Fitness Series



**BAF16-291A**  
L120 x W85 x H92cm



**BAF16-291B**  
Φ160 x H200cm



**BAF16-291C**  
L100 x W86 x H100cm



**BAF16-291D**  
L140 x W132 x H70cm



**BAF16-291E**  
L160 x W80 x H120cm



**BAF16-291F**  
L150 x W50 x H70cm



# Outdoor Fitness Equipment

**BAF16-291G**

L124 x W96 x H110cm



**BAF16-291H**

L210 x W96 x H110cm



**BAF16-291I**

L290 x W96 x H110cm

**BAF16-292G**

L100 x W40 x H120cm



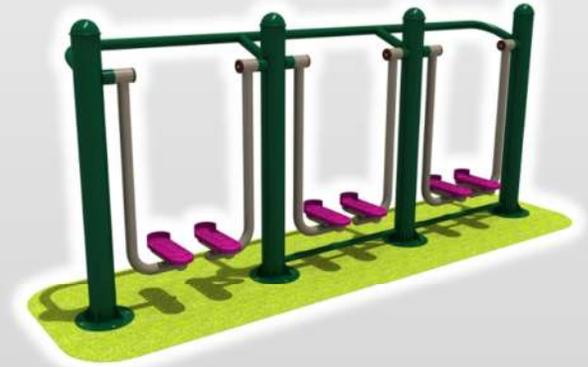
**BAF16-292H**

L180 x W40 x H120cm



**BAF16-292I**

L260 x W40 x H120cm



**Basic  
Adult  
Fitness  
Series**



**Outdoor Fitness Equipment**

# Basic Adult Fitness Series

**BAF16-293A**  
L98 x W46 x H154cm



**BAF16-293B**  
L127 x W83 x H136cm



**BAF16-293C**  
L112 x W34 x H140cm

**BAF16-293D**  
L110 x W60 x H160cm



**BAF16-293E**  
L100 x W60 x H130cm



**BAF16-293F**  
L116 x W55 x H125cm



# Outdoor Fitness Equipment

# Basic Adult Fitness Series



BAF16-293G  
L70 x W65 x H140cm



BAF16-293H  
L90 x W93 x H143cm



BAF16-293I  
L155 x W155 x H84cm



BAF16-294A  
L120 x W50 x H120cm

BAF16-294B  
Φ120 x H120cm



BAF16-294C  
L240 x W115 x H100cm



## Outdoor Fitness Equipment

**BAF16-294D**

L120 x W60 x H120cm



**BAF16-294E**

L60 x W120 x H150cm



**BAF16-294F**

L170 x W72 x H180cm



**BAF16-294H**

L170 x W70 x H200cm



**Basic  
Adult  
Fitness  
Series**

**BAF16-294G**

L234 x W68 x H190cm



**BAF16-294I**

L190 x W37 x H150cm



**Outdoor Fitness Equipment**

**BAF16-295A**

Φ140 x H255cm



**BAF16-295C**

L340 x W20 x H170cm



**BAF16-295E**

L85 x W88 x H120cm

**Basic  
Adult  
Fitness  
Series**



**BAF16-295B**

Φ70 x H250cm



**BAF16-295D**

L190 x W60 x H150cm



**BAF16-295F**

Φ183 x H170cm



**Outdoor Fitness Equipment**

Basic  
Adult  
Fitness  
Series



**BAF16-295G**  
Φ110 x H125cm



**BAF16-295H**  
L80 x W50 x H165cm



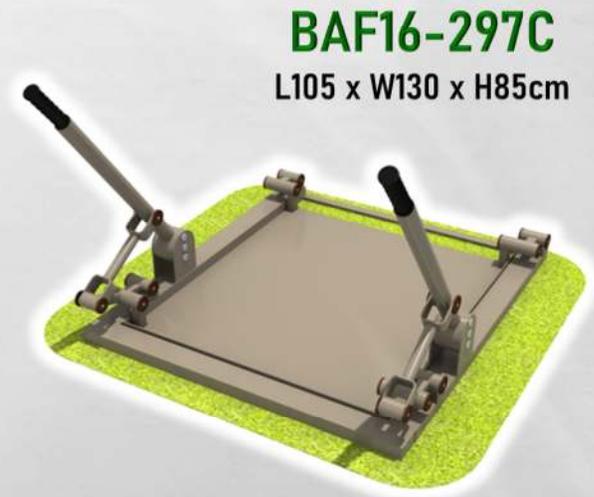
**BAF16-295I**  
L130 x W70 x H130cm



**BAF16-297A**  
L220 x W70 x H180cm



**BAF16-297B**  
L125 x W70 x H130cm



**BAF16-297C**  
L105 x W130 x H85cm



Outdoor Fitness Equipment

**BAF16-297D**

L100 x W60 x H130cm



**BAF16-297E**

L120 x W85 x H92cm



**BAF16-297I**

L220 x W70 x H180cm



Basic  
Adult  
Fitness  
Series

**MB16-296A**

L150 x W30 x H220cm



**CB14-296D**

L200 x W30 x H250cm



**MB16-296B**

L150 x W12 x H200cm



Outdoor Fitness Equipment

**MB16-292A**

L115 x W75 x H150cm



**Basic  
Climbing  
Bars  
Series**

**MB16-292B**

L93 x W40 x H180cm



**BAF16-292C**

L175 x W135 x H195cm

**Basic  
Adult  
Fitness  
Series**



**BAF16-292D**

L190 x W65 x H140cm



**BAF16-292F**

L300 x W50 x H265cm



**Outdoor Fitness Equipment**



**MB14-246D**

L300 x W80 x H250cm

**MB14-246G**

L300 x W80 x H250cm



**CB14-246F**

L220 x W13 x H250cm



**Basic  
Climbing  
Bars  
Series**



**CB14-246I**

Φ235 x H253cm

**CB16-292E**

L300 x W142 x H220cm



**Outdoor Fitness Equipment**